

SOUP

Daily – 7

Oyster Mushroom bisque
Mini Applewood grilled cheese – 8

Sæge seafood – 9

SALADS

Young spinach – pecans, cherry tomato
Warm bacon maple dressing – 10House – avocado, red onion, cucumber
Toasted pumpkin seeds, feta vinaigrette – 10Whole leaf caesar – sea salt crostini
Crispy pancetta, lemon confiture – 10Roast chicken – grape tomato, corn salsa
Boston, radicchio lettuces, chevre
Balsamic vinaigrette – 11Schezwan smoked salmon –
Fried rice noodle, green beans, edamame,
Fresh leafy herbs, lime ginger emulsion – 10

PIZZA

Salsa Verde, feta, smoked salmon – 14

Five mushroom, smoked tomato sauce
Mozzarella, fried sage leaves – 14Ancho chicken, roast corn
Black bean tapenade, fresh cheese – 15

Farmers market – 14

Asparagus, sun dried tomatoes
Caramelized onion, goat cheese – 14BBQ chicken, red onion, cilantro
Roasted red peppers – 14

SANDWICHES

All sandwiches come with your choice of either
house salad or potato. Substitute spinach or caesar
salads for only \$4Schezwan beef wrap
Pickled onion corn relish, watercress
Grilled potato wedges – 12Guinness molasses BBQ pulled beef rib
Ciabatta, grilled sweet potato wedges
Black bean chili – 13Oregano seared tofu, open face
Pine nut sun dried tomato tapenade, sprouts
warm Roquefort, pear gastrique – 11Grilled foccacia, roasted romas, chevre
Basil leaves, balsamic drizzle, open face – 11Sæge chicken club
Oulton Farms smoked bacon
Slow roast tomato aioli – 12

Curried roast chicken, apple, open face – 11

sæge
BISTRO

PASTAS

Braised lamb tortellini, smoked tomato
Caramelized squash – 18

Cannaroni, curry chicken, apple, peas – 16

Maritime fettuccine
Lobster, shrimp, Digby scallops
Broccolini, sugar snap peas
Roasted garlic cream – 21Sæge Stir Fry
Sautéed beef, rice noodles, ginger
Vegetables, hoisin – 16Lobster ravioli
Lemon pesto cream – 17Pad Thai, peanut sauce, rice noodles
Shrimp, chicken or tofu – 16Roasted red pepper lasagna
Arugula, feta, mozzarella
Cheddar lasagna – 16Penne puttanesca
Black olive, capers, crushed tomatoes
Okra, bocconcini cheese – 15

ENTREES

Fruetta, black bean, avocados
Ancho pico de galo – 10Corn-crusted crab cakes, seared Arugula
Corn salsa, garlic cream – 12Pan seared haddock
Herbes de Provence – 15Fall strudel, roasted vegetables
Cream cheese, fresh herbs
Cherry balsamic – 10Crispy gingered vegetable spring rolls
Chili mandarin orange sauce – 10Norwegian fishcakes, salt roasted beets
Lemon dill cream – 12

Pan steamed mussels

- Jack Daniels, lime
with lemon preserve – 12
- Smoked tomato, basil – 12



* We use whole roasted chickens, not boneless.
For parties of more than 8 people, 15% gratuity
is applied to bill. Allergies or specific dietary needs
must be brought to your servers attention.

WITH YOUR LUNCH

Our Sommelier, Chris, recommends:

Villa Maria Sauvignon Blanc - White South Africa

A textbook example of the New Zealand style, this Sauvignon Blanc is bursting with ripe gooseberry, citrus lime, melon and fresh herbal aromas. It is a fresh and intensely flavoured wine that finishes with crisp and racy acidity.

Pairing: Enjoy with fresh seafood, shellfish, salads and vegetable dishes or simply on its own.

Goats in the Village - Red South Africa

This blend of Shiraz and Pinotage offers aromas of pepper and clove with hints of spice. The wine shows a smooth balance of rich dark fruit flavours supported with mild oak and subtle tannins. A juicy and crowd pleasing wine.

Pairing: Always a wonderful match with our Guinness molasses BBQ pulled beef rib sandwich, or try this wine with our braised lamb tortellini for an inspired pairing.

½ Glass - \$5 • Glass - \$8 • ½ Lt - \$24 • Bottle - \$40
(plus tax)



YOU DESERVE TO EAT WELL



Don't Forget... Pizza and Pasta Night!

Each and every Wednesday night try one of our yummy thin crust pizzas or fresh pastas for only \$10



Sæge Bistro is proud to be the first restaurant in Halifax to exclusively use ESKA Water as its spring and sparkling water choice. ESKA comes from an esker (A glacial deposit that covers, filters, and protects water deposits) in Northern Quebec and is bottled, from esker to container, in 45 seconds. The aluminum and glass bottles are made from 100% recycled materials and are 100% recyclable. The aluminum also has superior insulating qualities that allow for a longer chill time for the water.

- 300ml Aluminum Bottle - \$4 plus tax
- 750ml Glass Bottle - \$7 plus tax

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